



WOODINVILLE LITTLE LEAGUE

Serving the community since 1978

2023 Safety Plan

“Play it Safe”

<u>Safety Officer</u>	<u>President</u>
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INTRODUCTION

The mission of the Woodinville Little League (WLL) Safety Program is to provide a safe environment for all players and participants of Little League Baseball and Softball. The WLL Safety Program provides coaches and managers with training, equipment guidelines, and procedures that will reduce the likelihood of incidents/accidents and prepare them to effectively handle these situations if they should occur.

The WLL Safety Program is structured to meet the requirements of the “A Safety Awareness Program” (ASAP) set forth by the Little League International. WLL believes that a good safety program is important to the success of the league and the positive experience of all players, coaches and parents. WLL would like to thank all coaches and managers in advance for their cooperation in this program.

SAFETY PLAN DOCUMENT

This Safety Plan document shall be made available to all Managers/Coaches or team Safety Officers at the annual WLL Safety Meeting and shall also be provided online on the Woodinville Little League website as a downloadable PDF for mobile use. A copy is to be kept with the WLL Safety Kit and must be present at all games and practices to be used as a reference, and general guide. In the event of an emergency, call 911 and utilize first aid trained bystanders to assist.

EMERGENCY CONTACT LIST

	PHONE NUMBER
Police/Fire/EMT	911
Woodinville Police Department (dispatch)	(206) 296-3311
Woodinville Fire & Life Safety (Dist. 36)	(425) 483-2131
Washington Poison Center	1-800 222-1222
<i>City of Woodinville During business hours</i>	(425) 489-2700
<i>City of Woodinville After hours</i>	(206) 296-8100
Woodinville Water District	(425) 487- 4100
Puget Sound Energy 24-hour hotline	1-888-225-5773, #5
Evergreen Hospital Kirkland	425-899-1000
Swedish Emergency Redmond	425-498-2020
Evergreen Emergency Redmond	425-899-1111
Evergreen Urgent Care Woodinville	425-488-2273
UW Medicine Urgent Care Woodinville	425-485-4100
WLL President – Chris Jozwiak	816-838-2669
WLL Vice President Baseball – Chris West	425-789-6025
WLL Vice President Softball – Mary Garrett	206 353 2604
WLL Safety Officer – Robert Booth	206 915 1981

WHAT TO DO IF THERE IS AN ACCIDENT

- Call time and stop play.
- Coaches should keep other players away from the injured player and prepare them for when play resumes.
- Give first aid as necessary. Know your limitations and err on the side of caution.
- **WHEN IN DOUBT - CALL 911.**
- Notify player's parents if they are not present.
- A player cannot resume play if their uniform has blood on it.
- If blood is present, use Communicable Diseases Procedures.
- Fill out the Little League Injury/Accident Tracking form and notify the WLL Safety Officer.

LITTLE LEAGUE INCIDENT/INJURY TRACKING FORM

After an injury occurs, fill out a Little League Incident/Injury Tracking form and return it to the WLL Safety Officer within 24 hours. You will find a copy of the form at the back of this manual, and additional forms are available on our website at www.woodinvillelittleleague.com.

Robert Booth, the WLL Safety Officer can be reached by cell phone at (206) 915-1981 (phone call or text) or by email at robbiekb@mac.com

EMERGENCY PROCEDURES

The most important help you can provide to a victim who is seriously injured is to call for professional medical help. Make the call quickly, preferably from a cell phone near the injured person. If this is not possible, send someone else to make the call from a nearby telephone. Be sure that you or another caller follows these steps:

1) First dial 9-1-1.

2) Give the dispatcher any necessary information. Most dispatchers will ask:

- The exact location or address of the emergency?
- Include the name of the city or town, nearby intersections, landmarks, etc. as well as the field name and location of the facility, if applicable.
- The telephone number from which the call is being made.
- The caller's name.
- What happened? — i.e., a baseball-related accident, bicycle accident, fire, fall, etc.
- How many people are involved?
- The condition of the injured person — i.e., unconscious, chest pains, or severe bleeding?
- What help is being given (first aid, CPR, etc.)?

3) Do not hang up until the dispatcher hangs up.

- The dispatcher may be able to tell you how to best care for the victim.

4) Continue to care for the victim until professional help arrives.

5) Appoint someone to go to the street and look for the ambulance or fire engine and flag them down if necessary. This saves valuable time. Remember, every minute counts.

CHILD PROTECTION PROGRAM

The backbone of Little League Baseball is the adult volunteer. Little League is the world's largest and most respected youth sports organization, with millions of volunteers. The Little League Child Protection Program seeks to educate children and volunteers in ways to prevent child abusers from becoming involved in the local league. Little League regulations state, "No local league shall permit any person to participate in any manner, whose background check reveals a conviction for any crime involving or against a minor."

The Woodinville Little League is required to conduct annual background checks of managers, coaches, Board of Directors members and any other persons, volunteers or hired workers, who provide regular service to the league and/or have repetitive access to, or contact with, players or teams. The purpose of these background checks is, first and foremost, to protect children. Second, they maintain Little League as a hostile environment for those who would seek to harm children. Third, they will help to protect individuals and leagues from possible loss of personal or league assets because of litigation.

All individuals who seek volunteer roles that require close contact with players (Manager/Coach, Practice Helper, Umpire, etc.) must complete a background check through JDP as this was the process selected by the Board of Directors for the Woodinville Little League in 2023.

Woodinville Little League will keep an online database of approved volunteers. All approved volunteers will be provided a badge to wear that recognizes them as an approved volunteer.

CURRENT BACKGROUND CHECK PROCESS:

Follow instructions on WLL website.

They can be found here: [How to Volunteer – Woodinville Little League](#)

FUNDAMENTALS TRAINING

For a fun and safe atmosphere, all teams are required to have at least one manager or coach from each team attend a fundamental skills training session. The league will provide these opportunities for coaches, managers, and players.

The Coaching Fundamentals training will be scheduled prior to the start of the 2023 season. Additional training dates for the 2023 season will be provided by the respective Coaching Director of Baseball/Softball.

FIRST AID TRAINING

Basic first aid training will be provided at the annual safety meeting on Thursday, March 4, at Gold Creek Church in Woodinville. At least one manager or coach from each team must attend this training. Additional first aid training options are available and can be scheduled through Woodinville Fire and Rescue.

MANDATORY ONLINE MANAGER TRAINING

All managers must complete the following online trainings prior to their first team practice of the season. It is highly recommended that coaches also complete the trainings below:

Concussion

Sudden Cardiac Arrest

Abuse Awareness for Adults

Once completed, each manager will submit copies of their certifications via email to wllsafety1@gmail.com

Training can be accessed through the Woodinville Little League website, under “Volunteers/How to Volunteer”.

SAFETY PROCEDURES AT PRACTICES AND GAMES

Safety is everyone's responsibility. **It is required for the 2023 season** that team managers designate a **Safety Assistant** on the team to help them conduct safety checks of the players, equipment, and the fields before each practice and game. Below are the Safety Procedures that should be followed before and during each practice and game.

Inspections:

- The League Safety Officer will inspect all equipment prior to the start of each season
- Coaches and Umpires are required to inspect all equipment prior to each practice/game.

Fields: Check Field Conditions

- Walk the facilities to inspect for any unsafe conditions such as rocks, glass, or holes.
- Keep the dugout clean and tidy during games and practice.
- Keep all players clear of dugout doorway during a game.
- Do not hesitate to cancel practice or stop a game due to inclement weather, particularly in the case of lightning, or limited visibility.
- No snacks are allowed in dugouts that have nuts or nut oils in them. This is for the safety of players in the league who may have nut allergies.

Equipment:

- Inspect equipment before every practice/game to ensure proper working condition.
- All batting helmets must have a face shield- *Except in Majors.
- All helmets must have NOCSEA# somewhere on the helmet.
- Infield faceguards are recommended, but not required.
- Mouth guards are not required but are highly recommended.
- All personal equipment must meet team gear requirements.
- Aluminum bats must have no dents and grips intact.
- **All bats must have USA Baseball marking** (exception for T-ball).
- No catcher will get in a catching stance without proper catching gear.
- All catcher masks will have a throat protector.
- Only players in proper catching gear may warm the pitcher up.
- All male players will wear athletic supporters/cups.
- Team balls as well as game balls will be appropriate for the level of play.
- Only players going to bat may take a warm-up swing during a game.

Enforce Little League Rules:

- Enforce Little League rules, including proper equipment.
- Most Little League rules have some basis in safety — follow them.
- Always ensure all players have required equipment.
- Managers and coaches must enforce rules at practices as well as games.
- Make sure all fields have bases that disengage from their anchors (required from 2008-)
- Managers and coaches are not allowed to catch pitchers (Rule 3.09); this includes standing at backstop during practice as informal catcher for batting practice.

CONCESSIONS

All operators at any concession stand must follow local food handling guidelines, maintain required facilities, and have proper training. Any concerns must be brought to the attention of the Safety Officer immediately prior to opening the stand. Concession stands are typically run by outside vendors not by little league parents or volunteers.

MEDICAL RELEASE FORM

A Medical Release form is included at the back of this manual. Have the parent of each of your players fill out this form and return them **prior to your first team practice**. Keep all completed forms with the Safety Kit and ensure they are brought to **every** practice and game. Coaches should be aware of any allergies, medications, and medical conditions.

SAFETY KITS

Each team will be provided a Safety Kit that must be present at every practice and game. Each Safety Kit will contain the following:

Quantity	Item Description
1	Athletic tape – 1.5" x 45'
1	Scissors
1	Tweezers
1	Bottle of sterile water
1	Clean towel
10	Regular size adhesive bandages – ¾" x 3"
5	Large adhesive bandages – 2" x 4"
4	Sterile gauze pads - 4" x 4"
1	Triangular bandage - 40" x 40" x 56"
1	Mouth to mouth barrier
2	Pairs of latex gloves - M
2	Hazardous waste bags
2	Antiseptic wipes
1	Safety splint – 18"
3	Instant cold packs

If you need to replace any of the items in your safety kit, please contact the WLL Safety Officer.

2021-2023 WLL BOARD MEMBERS

President	Chris Jozwiak
Vice President, Baseball	Chris West
Vice President, Softball	Mary Garrett
Secretary	Elizabeth Sheehan
Treasurer	Susan Turner
Safety Officer	Robert Booth
Scheduler	Malia Markey
Umpire in Chief, Baseball	Gregor Nitsche
Coaching Coordinator, Baseball	Nathan Gai
Coaching Coordinator, Softball	Travis Boughton
Registrar	Dan Moen
Fields Manager	Eric Kennedy
Soft Goods	Nicholas Gill
Hard Goods	Chris Hathaway
Mid-season Classic Coordinator	TBD
Player Agent, UL Baseball	Jordan Flowers
Player Agent, LL Baseball	Ethan Rosenberg
Player Agent, Softball	Andrea Woods
Member	Tom Dulin
Member	Andrew Turner
Member	Kyle Krekow
Member	Jeff Otis
Member	Matt Stewart
Member	Julianna Regan
Member	Michael Thore
NAF Board Rep	Brett Bader

FIELDS AND ADDRESSES:

Timbercrest Junior High School	19115 215th Way NE, Woodinville
Skyview Junior High School	21404 35th Avenue SE, Bothell
Canyon Park Junior High	23723 23rd Avenue SE, Bothell
Kenmore Junior High	20323 66th Avenue NE, Kenmore
Leota Junior High	19301 168th Avenue NE, Woodinville
Bothell Senior High	18125 92nd Avenue NE, Bothell
Inglemoor Senior High	15500 Simons Road NE, Kenmore
Woodinville Senior High	19819 136th Avenue NE, Woodinville
Wellington Elementary	16501 NE 195th Street, Woodinville
Hollywood Hill Elementary	17110 148th Avenue NE, Woodinville
Sunrise Elementary	14075 172nd Avenue NE, Redmond
Cottage Lake Elementary	15940 Avondale Road NE, Woodinville
East Ridge Elementary	22150 NE 156th Place, Woodinville
Bear Creek Elementary	18101 Avondale Road NE, Woodinville
Hidden River Middle School	9224 Paradise Lake Road, Snohomish
Northshore Athletic Fields	14600 NE 145th Street, Woodinville
Woodinville Sports Fields	13209 NE 175th Street, Woodinville

RAIN-OUT NUMBERS

Northshore School Fields	425-408-6020
Northshore Athletic Fields	425-486-7333
North Creek / West Hill Fields	425-489-3388
Woodinville Sports Fields	425-984-2345

YOUTH SPORTS PARENTS CODE OF CONDUCT

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: **trustworthiness, respect, responsibility, fairness, caring, and good citizenship**. The highest potential of sports is achieved when competition reflects these "six pillars of character."

I therefore agree:

- I will not force my child to participate in sports.
- I will remember that children participate to have fun and that the game is for youth, not adults.
- I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- I will learn the rules of the game and the policies of the league.
- I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or sporting event.
- I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting, refusing to shake hands, or using profane language or gestures.
- I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
- I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
- I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
- I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
- I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
- I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.
- I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
- I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
- I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol, and I will refrain from their use at all sports events.
- I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

COACHES CODE OF CONDUCT

- Speed limit of 5 mph in roadways and parking lots while attending any Woodinville Little League function. Watch for small children around parked cars.
- No alcohol allowed in any parking lot, field, or common areas within the Woodinville Little League fields.
- No smoking or tobacco products of any kind (including spit tobacco) allowed in any common areas of Woodinville Little League.
- No profanity allowed in any parking lot, field, or common areas within the Woodinville Little League complex.
- No playing in parking lots at any time.
- No playing on and around lawn/maintenance equipment.
- No swinging of bats or throwing of baseballs at any time within the walkways and common areas of the Little League complex.
- No throwing balls against dugouts or against backstop.
- No throwing rocks and no climbing fences.
- Only a player on the field and at bat, may swing a bat (Ages 5 - 14).
- Observe all posted signs. Players and spectators should be alert at all times for foul balls and errant throws.
- During game, players must remain in the dugout area in an orderly fashion at all times.
- After each game, each team must clean up trash in dugout and around stands.
- All gates to the field must remain closed at all times. After players have entered or left the playing field, gates should be closed and secured.
- Failure to comply with the above may result in expulsion from the Woodinville Little League fields or complex.

LYSTEDT LAW

A 2009 act requiring the adoption of policies for the management of concussion and head injury in youth sports; amending the Revised Code of Washington 4.24.660 and adding a new section to RCW chapter 28A.600 states, in part, the following:

A concussion is a brain injury, and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

<p>Symptoms may include one or more of the following:</p> <ul style="list-style-type: none">• Headaches• “Pressure in head”• Nausea or vomiting• Neck pain• Balance problems or dizziness• Blurred, double, or fuzzy vision• Sensitivity to light or noise• Feeling sluggish or slowed down• Feeling foggy or groggy• Drowsiness• Change in sleep patterns• Amnesia• “Don’t feel right”• Fatigue or low energy• Sadness• Nervousness or anxiety• Irritability• More emotional• Confusion• Concentration or memory problems (forgetting game plays)• Repeating the same question/comment	<p>Signs observed by teammates, parents/guardians, and coaches include:</p> <ul style="list-style-type: none">• Appears dazed• Vacant facial expression• Confused about assignment• Forgets plays• Is unsure of game, score, or opponent• Moves clumsily or displays lack of coordination• Answers questions slowly• Slurred speech• Shows behavior or personality changes• Can’t recall events prior to hit• Can’t recall events after hit• Seizures or convulsions• Any change in typical behavior or personality• Loses consciousness
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LYSTEDT LAW COMPLIANCE

What can happen if my child keeps on playing with a concussion or returns to soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often underreport symptoms of injuries, and concussions are no different. As a result, education of administrators, coaches, parents/guardians, and students is the key for student athletes' safety.

If you think your child has suffered a concussion:

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new "Zackery Lystedt Law" in Washington now requires the consistent and uniform implementation of long and well-established return-to-play concussion guidelines that have been recommended for several years: "A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time." "[He or she] may not return to play until the athlete is evaluated by a licensed health-care provider trained in the evaluation and management of concussion and has received written clearance to return to play from that health care provider." You should also inform your child's coach if you think that your child may have a concussion. It is better to miss one game than miss the whole season. And when in doubt, the athlete sits out. Additional current information regarding concussion management is available from the Centers for Disease Control and Prevention (CDC) at: <http://www.cdc.gov/ConcussionInYouthSports>

Safety Meeting Outline

2023

- Top Topics for 2023:
 - Volunteers (woodinvillelittleleague.com/Volunteers/How To Volunteer)
 - i. Background checks
 - ii. Badges
 - a. Manager/Coach training (provide certificates)
 - i. Concussion
 - ii. Sudden Cardiac Arrest
 - iii. Abuse Awareness for Adults
 - b. Safety kits
 - c. Medical Release forms
 - d. Basic First Aid
 - e. Accident Reporting
- The mission of the Woodinville Little League (WLL) Safety Program is to provide a safe environment for all players and participants of Little League Baseball and Softball.
- A copy of the WLL Safety Plan can be downloaded from the WLL website (under “Volunteers/Safety”) and must be available at all practices and games.
- Volunteers
 - Volunteers must register through the WLL site and complete a background check before providing practice assistance or dugout/on-field assistance during games.
 - a. Volunteers are not considered “approved” until posted in the “Approved Volunteers” section on the WLL site.
 - b. All volunteers must wear a WLL 2023 Volunteer badge at all times during practices, games, or any other activities where there is direct interaction with the

players. Badges will be included with equipment bags/safety kits and will be distributed by the team manager.

- c. **Managers must complete 3 online training courses** (Concussion, Sudden Cardiac Arrest, and Abuse Awareness for Adults) and email their certificate of completion for each course to the WLL Safety Officer **prior to the first practice**. Coaches are encouraged to complete these trainings as well, but not required.
 - i. Additional course details/links are available on WLL site under “Volunteers”.
 - ii. Completion must be within last 12 months of end of season (since July 2019 for 2020 season)
- Safety Kits
 - . Safety Kits are provided at gear pickup.
 - a. Review contents from page 10 of Safety Plan with an overview of the basic usage of items.
 - b. Replacement supplies can be obtained by emailing/calling the Safety Officer.
- **Medical Release forms for players**
 - . **All players must submit a Medical Release prior to the first practice.** Completed Medical Release forms are to be kept in the Safety Kit and brought to all practice and games. The recommendation is to fold and place the forms in a Ziploc bag along with extra copies of Incident/Injury Report forms (found at the end of the Safety Plan and the WLL site online) and a pen.
- What to do if there is an accident (review Page 5 of the Safety Plan)
- Basic theory around first aid and how to "assess" a critical injury from a minor one.
- **"When in doubt, call 911"** and how it applies to many common scenarios in baseball.
- Safety Procedures at Practices and Games (review page 8 of the Safety Plan)
- Lightning
 - . Seek shelter if lightning and thunder are less than 30 seconds apart. Wait 30 minutes before resuming play.

- Head injuries/concussions (review Lystedt Law – pages 15/16)
 - . Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately.
 - a. **No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance.**
- Question and Answer session.
- Reiterate next steps for managers to complete **prior to first practice**:
 - . Have volunteers sign up through WLL site and complete a background check if they are going to be working directly with players at practices/games.
 - a. Managers to hand out volunteer badges to approved volunteers only.
 - b. Complete 3 required trainings and submit certificates to Safety Officer via email.
 - c. Collect Medical Release forms from players and keep with Safety Kit.



Little League Baseball and Softball M E D I C A L R E L E A S E



NOTE: To be carried by any Regular Season or Tournament Team Manager together with team roster or International Tournament affidavit.

Player: _____ Date of Birth: _____ Gender (M/F): _____

Parent (s)/Guardian Name: _____ Relationship: _____

Parent (s)/Guardian Name: _____ Relationship: _____

Player's Address: _____ City: _____ State/Country: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

PARENT OR GUARDIAN AUTHORIZATION:

In case of emergency, if family physician cannot be reached, I hereby authorize my child to be treated by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R. Physician)

Family Physician: _____ Phone: _____

Address: _____ City: _____ State/Country: _____

Hospital Preference: _____

Parent Insurance Co: _____ Policy No.: _____ Group ID#: _____

League Insurance Co: _____ Policy No.: _____ League/Group ID#: _____

If parent(s)/guardian cannot be reached in case of emergency, contact:

Name	Phone	Relationship to Player
------	-------	------------------------

Name	Phone	Relationship to Player
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Please list any allergies/medical problems, including those requiring maintenance medication. (i.e. Diabetic, Asthma, Seizure Disorder)

Medical Diagnosis	Medication	Dosage	Frequency of Dosage

Date of last Tetanus Toxoid Booster: _____

The purpose of the above listed information is to ensure that medical personnel have details of any medical problem which may interfere with or alter treatment.

Mr./Mrs./Ms. _____

Authorized Parent/Guardian Signature

Date: _____

FOR LEAGUE USE ONLY:

League Name: _____ League ID: _____

Division: _____ Team: _____ Date: _____

WARNING: PROTECTIVE EQUIPMENT CANNOT PREVENT ALL INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN BASEBALL/SOFTBALL.
Little League does not limit participation in its activities on the basis of disability, race, color, creed, national origin, gender, sexual preference or religious preference.

For Local League Use Only**Activities/Reporting****A Safety Awareness Program's
Incident/Injury Tracking Report**

League Name: _____ League ID: ____ - ____ - ____ Incident Date: _____

Field Name/Location: _____ Incident Time: _____

Injured Person's Name: _____ Date of Birth: _____

Address: _____ Age: _____ Sex: ☐ Male ☐ Female

City: _____ State _____ ZIP: _____ Home Phone: () _____

Parent's Name (If Player): _____ Work Phone: () _____

Parents' Address (If Different): _____ City _____

Incident occurred while participating in:

- A.)** ☐ Baseball ☐ Softball ☐ Challenger ☐ TAD
- B.)** ☐ Challenger ☐ T-Ball ☐ Minor ☐ Major ☐ Intermediate (50/70)
- ☐ Junior ☐ Senior ☐ Big League
- C.)** ☐ Tryout ☐ Practice ☐ Game ☐ Tournament ☐ Special Event
- ☐ Travel to ☐ Travel from ☐ Other (Describe): _____

Position/Role of person(s) involved in incident:

- D.)** ☐ Batter ☐ Baserunner ☐ Pitcher ☐ Catcher ☐ First Base ☐ Second
- ☐ Third ☐ Short Stop ☐ Left Field ☐ Center Field ☐ Right Field ☐ Dugout
- ☐ Umpire ☐ Coach/Manager ☐ Spectator ☐ Volunteer ☐ Other: _____

Type of injury: _____**Was first aid required?** ☐ Yes ☐ No If yes, what: _____**Was professional medical treatment required?** ☐ Yes ☐ No If yes, what: _____

(If yes, the player must present a non-restrictive medical release prior to being allowed in a game or practice.)

Type of incident and location:

- A.) On Primary Playing Field**
- ☐ Base Path: ☐ Running *or* ☐ Sliding
- ☐ Hit by Ball: ☐ Pitched *or* ☐ Thrown *or* ☐ Batted
- ☐ Collision with: ☐ Player *or* ☐ Structure
- ☐ Grounds Defect
- ☐ Other: _____
- B.) Adjacent to Playing Field**
- ☐ Seating Area
- ☐ Parking Area
- C.) Concession Area**
- ☐ Volunteer Worker
- ☐ Customer/Bystander
- D.) Off Ball Field**
- ☐ Travel:
- ☐ Car *or* ☐ Bike *or*
- ☐ Walking
- ☐ League Activity
- ☐ Other: _____

Please give a short description of incident: _____**Could this accident have been avoided? How:** _____

This form is for local Little League use only (should not be sent to Little League International). This document should be used to evaluate potential safety hazards, unsafe practices and/or to contribute positive ideas in order to improve league safety. When an accident occurs, obtain as much information as possible. For all Accident claims or injuries that could become claims to any eligible participant under the Accident Insurance policy, please complete the Accident Notification Claim form available at http://www.littleleague.org/Assets/forms_pubs/asap/AccidentClaimForm.pdf and send to Little League International. For all other claims to non-eligible participants under the Accident policy or claims that may result in litigation, please fill out the General Liability Claim form available here: http://www.littleleague.org/Assets/forms_pubs/asap/GLClaimForm.pdf.

Prepared By/Position: _____ Phone Number: (____) _____

Signature: _____ Date: _____

Woodinville Little League Health Policy

Woodinville Little League (the League) seeks to provide a positive baseball and softball experience for players, families, and the community to help players learn the fundamentals and skills of the game, promote physical and mental health through an active lifestyle, sportsmanship and working as a part of a team toward collective goals. It also provides an important social experience to learn about respect of others, cultivate social skills and community building and managing both success and disappointment through competition. For the upcoming 2023 season we are no longer faced with the Covid-19 pandemic, but we have seen a surge in other contagious respiratory Viruses. With no remaining Federal, State or County mandates in place WLL is implementing the following “common sense” approach to protecting our Players health in the 2023 Season.

- **Players and Coaches should not come to a team activity while sick. (This includes colds and fever)**
- **Players and Coaches should not return to practice and play until at least 24 hours after symptoms have begun to improve OR have been fever free for 24 hours.**
- **In the case of a positive COVID-19 diagnosis, Players and Coaches should stay away from Team activity for 5 days (from the onset of symptoms or the positive test). Players and Coaches should be fever free prior to recommencing Team activity.**
- **The guidelines and recommendations listed above may change due to updated local public health, Washington State, Centers for Disease Control, or Little League International guidance, recommendations, or best practices.**